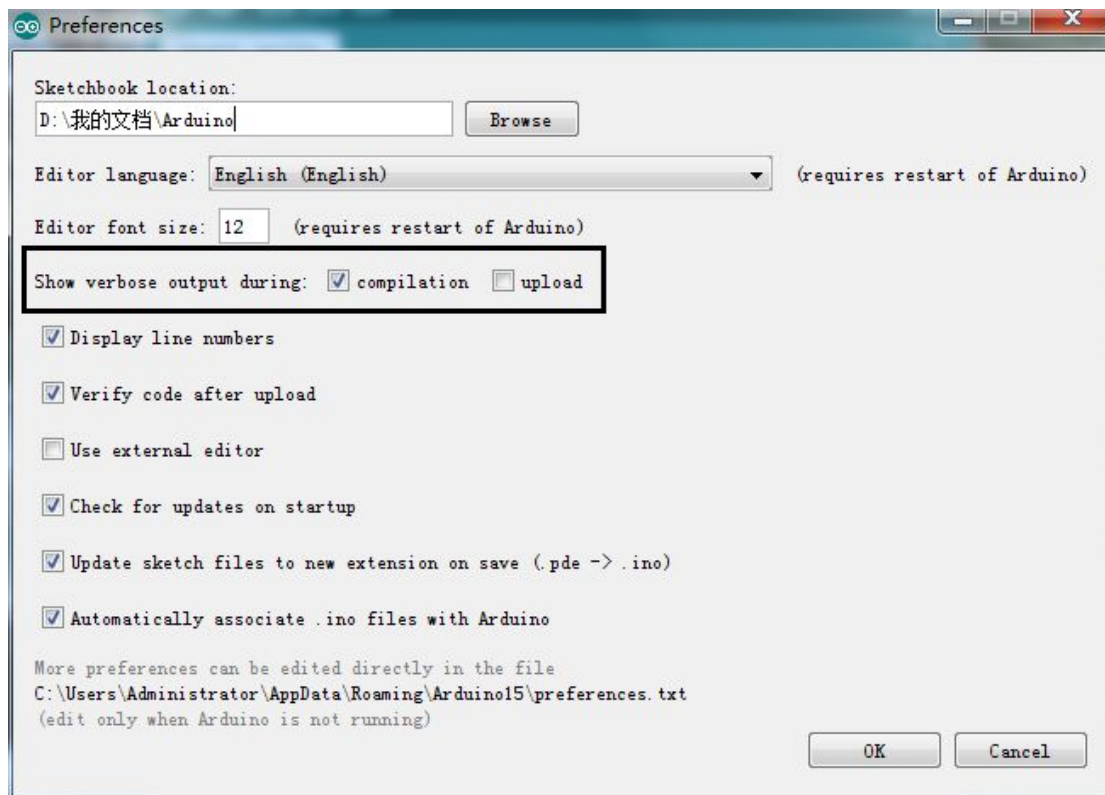
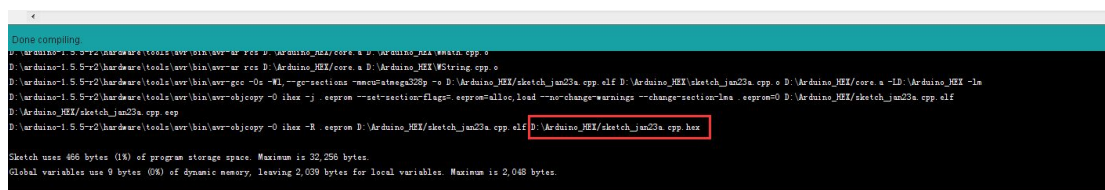


1. Solder 2 rows of pin headers on the part of ICWatch PCB which marked with ISP to connect the programming unit
2. Use the [ISP programming unit](#) to connect the ICWatch with PC
3. Open the arduino IDE:



Choose the compilation and reset IDE。

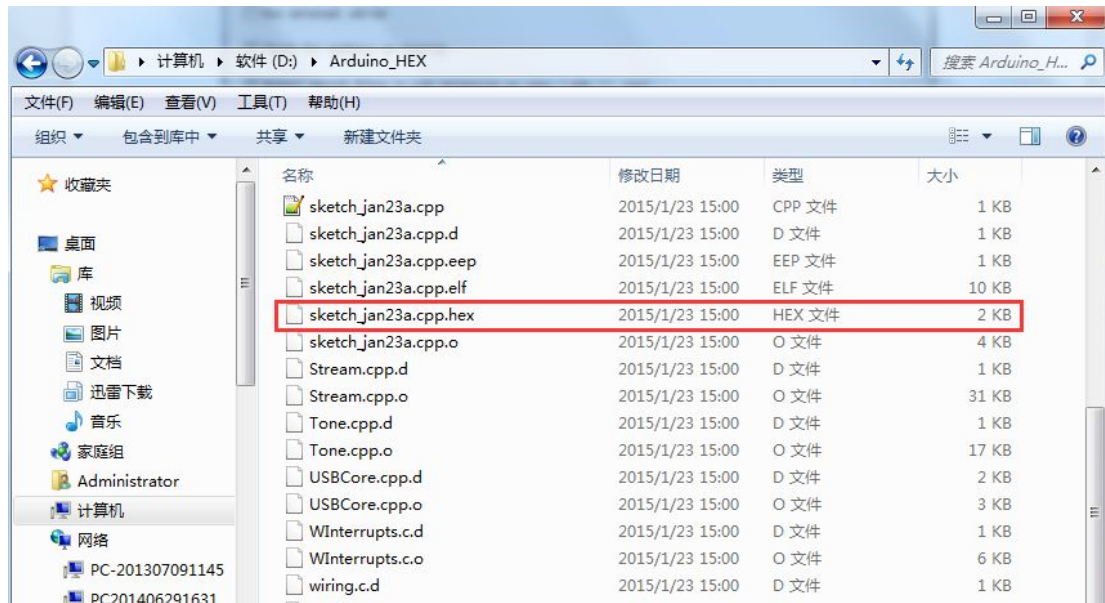
1. Open the software which you'd like to download and start programming. Then you can get the HEX file output (You can choose the different route. But please ensure that you had copied the HEX file to the related file directory).



Cope the D:\Arduino\_HEX/ to the File Explorer



Press "Enter":



Open AVR ISP and download HEX file to ICWatch.

You can use below software to program:

1. [AVRDUDE](#)
2. [BASCOM-AVR](#)
3. [Khazama AVR Programmer](#)
4. [eXtreme Burner - AVR](#)

It's better to set the fuse as:

HIGH 0xDA

LOW 0xE2

Extended 0xFF